

DAILY UG PROGm 21 JULY 2025 (MONDAY)				
MBBS				
Time	Subj	Topic	Instr	Venue
FINAL YEAR MBBS (45 th MBBS COURSE)				
0800 – 0900	Groups A01 – A06	Paeds Lec: Malaria	Maj Aamir Aslam Awan	LH No 4
0900 – 0930	Break			
0930 – 1030	Batch A01 – A03	Paeds CBL: Hypothyroidism	Lt Col Haider Nisar	LH No 4
0800 – 1800	Clinical Training / Academic Activities		PEMH / CMH	
4 th YEAR MBBS (46 th MBBS COURSE)				
0800 – 0845	Pathology	Benign disorders of skin	Dr. Aiza Saadia	LH No 5
0845 – 0930	Medicine	Seizures disorders	Maj Hasham Bin Tahir	
0940 – 1040	CBL	ENT Laser surgery, Cryo surgery, HIV infection	GP – 1 Lt Col Bilal Akram	Path Teach Lab 2
		EYE Misalignment of eyes	GP – 2 Lt Col Aisha Fawad	CBL Room 5 F/Med Dept
		SURG Post operative care	GP – 3 Col Habib Ur Rehman	CBL Room 6 F/Med Dept
		C. Med Occupational health	GP – 4 Dept Faculty	CM Museum, LH No 5, Clerkship Hall, Dental Lab
1040 – 1100	Break			
1100 – 1800	Clinical Training / Academic Activities		PEMH / CMH	
3 rd YEAR MBBS (47 th MBBS COURSE)				
0800 – 0850	Self study			LH No 3
0850 – 0940	Pharmacology	Mid Mod 4	Dept Faculty	LH No 3, LH No 6, Pharma Lab
0940 – 1000	Break			
1000 – 1110	F/ Medicine	Forensic psychiatry I	Maj Sadaat Ibrahim	LH No 3
1110 – 1200	Pharmacology	Revision class	Dr. Farah Khan / Dr. Fatima Athar	
1200 – 1300	CBL	Path Revision	GP – 1 Dr. Saima Bashir	Path Teach Lab 1
		Micro Revision	GP – 2 Dr. Sidra Naveed	Path Teach Lab 2
		Medicine Technique of examining cranial nerves	GP – 3 Dr. Fizza Khurram	LH No 3
		Pharma CBL on crushing syndrome	GP – 4 Lt Col Wasiullah Khan / Maj Ikramullah Khan Dr. Anmol Jahangir / Dr. Iqra Arbab	Pharma Lab
1300 – 1400	Break			
1400 – 1800	Clinical Training / Academic Activities		PEMH / CMH	
2 nd YEAR MBBS (48 th MBBS COURSE)				
0810 – 1000	CBL Session	Anatomy Physiology Biochemistry	Dept Faculty	Dissection Hall, Anatomy Museum, Histo Lab Physio Seminar Room, Physio Lab, LH No 2 Bio Seminar Room, Bio Lab, Path Teach Lab 1
1010 – 1100	Physiology	Calcium regulating hormones I	Lt Col Kamil Asghar Imam	LH No 2
1100 – 1120	Break			
1120 – 1205	Medical Biochemistry	Thyroid gland I	Dr. Yusra Tayyab	LH No 2
1210 – 1300	Histology	Eye	Brig Khadija Qamar	
1300 – 1330	Prayer Break			
1330 – 1500	Anatomy	Pterygo palatinum	Brig Shabnam Hamid / Lt Col Abdullah Qamar / Maj Mahjabeen Fatima Qureshi	LH No 4, Dissection Hall, Histo Lab
1 st YEAR MBBS (49 th MBBS COURSES)				
0800 – 0850	Histology	Circulatory system	Dr. Tayyaba Faisal	LH No 1
0855 – 0945	Physiology	Heart sounds II	Brig Muhammad Alamgir Khan	
0950 – 1040	Medical Biochemistry	Lipid metabolism XVI	Brig Amir Rashid	
1040 – 1110	Break			
1110 – 1300	Gross Anatomy	Thoracic	Dr. Faiza Umbreen / Dr. Tooba Khurshid / Dr. Mehwish Abaid	Dissection Hall, Histo Lab, Anatomy Museum
1300 – 1330	Prayer Break			
1330 – 1500	Practical	Anatomy / Biochem / (Behavioral Scinces – LH No 1)	Dept Faculty	Respective Depts
	Wksp	Physio: Performance of CPR on dummy	Maj Farhan Butt / Engr Mr. Shahraz Sohail	Skill Lab

BDS				
FINAL YEAR BDS (24 th BDS COURSE)				
0800 – 1500	Clinical Training / Academic Activities			AFID
3 rd YEAR BDS (25 th BDS COURSE)				
0800 – 0850	Surgery	Tissue diagnosis & immune histo chemistry	Col Tipu	LH No 6
0850 – 0940	Oral Pathology	Odontogenic Cysts	Dr. Nighat Ara	CBL Room 6
0940 – 1000	Break			
1000 – 1050	Oral & Maxillofocal Surgery	Class II amlgam	Dr. Palwasha Ishaq	AFID
1050 – 1110	Break			
1110 – 1500	Periodontology: Dr. Fazial Zeeshan, Dr. Madeeha Nazar Tiwana, Dr. Fatima Zahra Oral Surgery: Dr. Rabia Naseer, Dr. Ayesha Afzal, Dr. Palwasha Ishaq Prosthodontics: Dr. Bushra Rehman, Dr. Sameen Younas Oral Medicine: Dr. Memoona Bibi, Dr. Tayyiba Zafar, Dr. Maryam Furqan Operative Dentistry: Dr. Vasiqa Bano, Dr. Afsheen Ali Khan, Dr. Ayesha Fariha, Dr. Amna Khurram		Clinical Training / Academic Activities	AFID
2 nd YEAR BDS (26 th BDS COURSE)				
0800 – 0850	Pathology	Introduction to pirsitology & E-histolytics	Maj Rafia Irfan	Dental LH
0850 – 0940	Pharmacology	Antiarrhythmic drugs I	Maj Junaid Aslam	
0940 – 1000	Break			
1000 – 1050	Dental Materials	Elastomers Comparison	Dr. Maleeha Nayyer	Dental LH
1100 – 1300	Pre Clinical Dentistry Practical	Gp A: Tofflemine matrix & retainer system along with amalgam Gp B: Tooth setup	Dr. Atiqa Bashir / Dr. Areej Sheikh Dr. Zainab Qasim Butt / Dr. Tahira Ejaz	Dental Lab
1300 – 1330	Prayer Break			
1330 – 1500	Pre Clinical Dentistry Practical	Gp A: Tofflemine matrix & retainer system along with amalgam Gp B: Tooth setup	Dr. Atiqa Bashir / Dr. Areej Sheikh Dr. Zainab Qasim Butt / Dr. Tahira Ejaz	Dental Lab
1 st YEAR BDS (27 th BDS COURSE)				
0800 – 0850	Ideology & Constitution of Pakistan	Introduction to institutional history of Pakistan	Lt Col Haroon Hamid	LH No 7
0850 – 0940	Medical Biochemistry	Lipid chemistry & metabolism I	Lt Col Muhammad Javad Yousaf	
0940 – 1030	Physiology	Intro to CVS	Brig Amina Nadeem	
1030 – 1115	Embryology	Circulatory system	Maj Mahjabeen Fatima Qureshi	
1115 – 1130	Break			
1130 – 1300	Medical Biochemistry	Practical	Dept Faculty	Respective Dept
1300 – 1330	Prayer Break			
1330 – 1500	Oral Biology & Tooth Morphology	Practical	Dept Faculty	Respective Dept

DAILY UG CLINICAL TRG PROGm - (MONDAY) 21 JULY 2025

FINAL YEAR MBBS CLASS

MEDICINE (A07 – A12)

Time	Batches	Subj	Topic	Instr	Venue
0800 – 1100	Batch A-10	Pulmo	Orientation, interaction with HoD, bed allotment, history taking resrepiratory system, GPE examination from front of chest, practice of above	Brig Shahzeb Ahmed Satti	Inpatient pulmo ward, PEMH
0800 – 1000	Batch A-07	Family Med/ Pts Safety	Orientation, introduction to Family Medicine & prevention care	Maj Sadaf Nawaz	Family Medicine Dept OPD Block Ground Floor, PEMH
	Batch A-08	Neuro	Orientation of dept by clinical coordinator, interaction with HoD& Trg Coord, Bed Allotment	Dept Faculty	Med Unit II, PEMH
	Batch A-09	Gastro	Interaction with dept HoD & Trg coord Orientation bed allotment/ History taking: case preparation/ rounds/ including IPC	Dept Faculty	Inpatient gastro ward, PEMH
	Batch A-11	Cardio	ECG	Dr. Ali Abbas / Dr. Danish Ali	CCU II ward, AFIC
	Batch A-12	Nephro	History taking: Case presentation/ round	Maj Gen Sohail Sabir Brig Malik Nadeem Azam Col Khurram Mansoor Lt Col Umair Ijaz / Maj Babar Dr. Obaid Ur Rehman	Soldier Block 1 st Floor (Nephro Ward)
1000 – 1100	Batch A-07	Family Med/ Pts Safety	Approach towards management of acute & chronic cough	Maj Adil Khan	Family Medicine Dept OPD Block Ground Floor, PEMH
	Batch A-08	Neuro	OPD/ short cases	Brig Wasim Wali Col Asif Hashmat Lt Col Jehanzeb Liaqat Lt Col Fawad Ahmed	Med Unit II, PEMH
	Batch A-09	Gastro	GI/ Hepatology + case presentation: Emphasis on history taking	Brig Nadeem Zia	Inpatient Gastro Ward, PEMH
	Batch A-11	Cardio	ACS	Dr. Ali Abbas / Dr. Danish Ali	CCU II ward, AFIC
	Batch A-12	Nephro	Discussion: AKI	Maj Gen Sohail Sabir Brig Malik Nadeem Azam Col Khurram Mansoor Lt Col Umair Ijaz / Maj Babar Dr. Obaid Ur Rehman	Soldier Block 1 st Floor (Nephro Ward)
1100 – 1130	Break				
1130 – 1220	All Groups	Lec	Diabetes mellitus type II	Col Fawad Rehman	OPD auditorium PEMH
1220 – 1300	All Groups		Acromegaly / GH deficiency	Maj Farhan Akhtar	
1300 – 1400	Lunch Break / Prayer Break				
1400 – 1500	All Groups	CBL GP A GP B	Depression	Dept Faculty	OPD auditorium PEMH
1500 – 1800	Batch A-07	Family Med/ Pts Safety	Approach to chest pain ECG (demonstration)	Dept Faculty	ER / AMU, PEMH
	Batch A-08	Neuro	History taking (Headache)	Dr. Sherbano	Med Unit II, PEMH
	Batch A-09	Gastro	Approach to chest pain ECG (demonstration)	Dept Faculty	ER / AMU, PEMH
	Batch A-10	Pulmo	Examination back of chest practice history	Dr.Tayyaba / Dr. Maaz	Inpatient Pulmo Ward, PEMH
	Batch A-11	Cardio	Rotation at AFIC ER on call consultant ER	Dept Faculty	ER AFIC
	Batch A-12	Nephro	Case presentation: AKI	Dr. Obaid Ur Rehman	Soldier Block 1 st Floor (Nephro Ward)

GYNAE (A04 – A06)

Time	Batches	Activity	Topics	Instr	Venue
0930 – 1030	A04, A05, A06	CBL I	History taking - APH	Col Asifa Siraj	Gynae OPD Academic Room
1030 – 1130	A04, A05, A06	Skill teaching	LSCS (C-Section video)	Dr. Sarah Afzal	Skill lab Gynae MRC
1130 – 1300	Batch A04	Clinical rotation	Labour & deliveries	MOIC	Labour room
	Batch A05		OPD – case based teaching	Col Samina Rehan	Gynae OPD
	Batch A06		OT cases	Col Ayesha Arif	OT
1300 – 1400	Lunch Break / Prayer Break				
1400 – 1500	A04, A05, A06	CBL II	Investigation & management of APH	Lt Col Rabia Anwar	Gynae OPD Academic Room
1500 – 1800	A04, A05, A06	CBL III	Ante natal case of APH(History exam & discussion)	Lt Col Qurat Ul Ain	

PAEDS (A01 – A03)

Time	Batches	Activity	Topic	Instr	Venue
1030 – 1100	Break				
1100 – 1300	A01, A02, A03	CVS exam		Col Shamama Hassan	Level 2 & 3 Gynae & Paeds Tower CMH
1300 – 1400	Lunch Break / Prayer Break				
1400 – 1800	A01, A02, A03	Case presentations & Procedures		Dr. Faqeeyha	Level 2 & 3 Gynae & Paeds Tower CMH

SURGERY (A13 – A18)

Time	Batches	Topic	Instr	Venue
0800 – 1000	All Groups	Ward Rounds	Dept Faculty	Respective Dept
1000 – 1030	Break			
1030 – 1145	A-13 Paeds Surgery	Pre-perative preparation of the paediatric pt & vascular access in children	Col Habib Ur Rehman	OT Complex, CMH Rwp
	A-14 Anaes	General anaesthesia - I	Maj Gen Anjum Anwar Qadri Col Khalid Buland	OT Complex, CMH Rwp
	A-15 Gen Surgery	Intro to history taking & clinical examination in surgical patients. Bed allotment & history taking	Maj Gen Sohail Ilyas	OT Complex, CMH Rwp
	A-16 Gen Surgery	Welcome address, introduction, OT instruments, short case/ clinical methods/ CBL	Lt Col Abdul Waheed Khan	OPD Block, CMH Rwp
	A-17, A-18 Ortho	Meet HoD Ortho, Intro to Ortho routine, course outline, ward round allotment of bed, history taking. Examination of Knee joint	Brig Asim Niaz Naqvi Maj Asad Bilal Mir	OT Complex, CMH Rwp
1145 – 1200	Break			
1200 – 1300	All Groups	Principles of MAS	Maj Gen Syed Mukarram Husain	OT Complex, CMH
1300 – 1400	Lunch Break / Prayer Break			
1400 – 1500	All Groups	Conventional radiology (X-rays)	Dept Faculty	OT Complex, CMH
1500 – 1800	A-13 Paeds Surgery	Intussusception & neonatal intestinal obstruction	Lt Col Naveed Ahmed	PaedsSurg Ward PEMH Rwp
	A-14 Anaes	Regional anaesthesia - II	Maj Gen Anjum Anwar Qadri / Col Khalid Buland	OT Complex, CMH Rwp
	A-15 Gen Surgery	Ward, long case, acute pancreatitis & necrotizing fasciitis/ examination of swellin	Dr. Syed Munim / Dr. Mahnoor Malik	Surg Ward - I, OT Complex, CMH Rwp
	A-16 Gen Surgery	Clinical case: Examination of abdomen/ scrotal swelling	Dr. Hamna Anwar / Dr. Maham Saeed	Surg Ward - II, OT Complex, CMH Rwp
	A-17, A-18 Ortho	General terminologies, fracture in general	On call OPC - II Resident	Ortho Surg Ward, A & E Complex, CMH Rwp

DAILY CLINICAL TRG PROGRAMME – 21 JULY 2025 (MONDAY)

4TH YR MBBS

Time	Batch	Activity	Instr	Venue
DERMATOLOGY				
1100 – 1300	B-1	Fungal Infections	Maj Farah Yousaf	Skin OPD
1300 – 1400		Lunch Break / Prayer Break		
1400 – 1800		Critical Care: Criteria for admission & discharge of ICU	Maj Ali Ahsan	Med ITC, PEMH
ENT	B-2			
1100 – 1300	C	Orientation and introduction to ENT and its unique features How to take history of an ENT Patient? Demographic data and its importance Chief complaints: Discuss different complaints of ear, nose & throat History of present illness: How to write and elaborate Past History: what are important factors to ask and write	Dr. Syed Ausaf Ahmed	Ward CMH
	A	Orientation and introduction of ENT specialty How to enter the operation theatre? How to behave in OT Steps of washing and preparation for operation Tonsilllectomy, Indications, procedure and post-ooperative care	Col Sunarays Akhtar / Dr. Maryam Ifitikhar	OT CMH
	B	Orientation and Introduction to ENT and its unique features Pre- requisite to ENT examination	Col Syed Muhammad Asad Shabbir Bukhari / Dr. Farwa Jaffar	OPD CMH
1300 – 1400		Lunch Break / Prayer Break		
1400 – 1800	All	Allergic rhinitis / Nasal allergy	Col Syed Muhammad Asad Shabbir Bukhari / Dr. Syed Ausaf Ahmed	Ward Teaching Room
EYE				
1100 – 1300	B-3	Clinical case / SGD	Dept Faculty	OPD
1300 – 1400		Lunch Break / Prayer Break		
1400 – 1530		Lec	Dept Faculty	Auditorium 1 st floor AFIO
1530 – 1630		Lec		
1630 – 1800		Case presentation - Self directed learning	Dept Faculty	Ward / OPD / Library
CM & PH				
1100 – 1250	B-4	Zero waste management workshop	Dr. Adeela Bashir / Dr. Bushra Dr. Nosheen Akhter / Maj Farrukh	Comumity museum, Clerkship Hall
1250 – 1330		Lunch Break / Prayer Break		
1330 – 1500		Zero waste management workshop	Dr. Adeela Bashir / Dr. Bushra Dr. Nosheen Akhter / Maj Farrukh	Comumity museum, Clerkship Hall
GEN SURGERY 1				
1100 – 1300	B-5	Approach to a thyroid nodule	Dr. Mahnoor Malik / Dr. Munim Husain	Gen Surg, OPD Block, CMH Rwp
1300 – 1400		Lunch Break / Prayer Break		
1400 – 1500		History & Examination	Dr. Mahnoor Malik / Dr. Munim Husain	Gen Surg, OPD Block, CMH Rwp
1500 – 1800		Medical Oncology: Principles of chemotherapy Principles of radiotherapy	Maj Sobia Kosar	OPD Block 5 th Floor Oncology Dept, CMH Rwp
GEN MED				
1100 – 1300	B-6	History taking – Enteric fever & gastroenteritis	Brig Muhammad Yasir	Female Medical Ward Teaching Room - 1 st Floor
		GPE - Enteric fever		
1300 – 1400		Lunch Break / Prayer Break		
1400 – 1800		GPE – Assessment of hydration status Case allotment – history taking of patient presenting with acute Diarrhea Case presentation	Dr. Junaid Sabir	Female Medical Ward Teaching Room - 1 st Floor

3rd YR MBBS

Time	Batch	Activity	Instr	Venue
FEMALE GEN SURG 3				
1400 – 1500	C-01	Clinical evalution of healing vs non-healing wounds	Dr. Hira Khurshid / Dr. Sana Zahid	OT Complex, PEMH Rwp
1500 – 1800		History & clinical examination		Surgery Ward, PEMH Rwp
GEN SURG 1				
1400 – 1500	C-02	Commonly encountered vascular conditions	Dr. Syed Munim Hussain / Dr. Mahnoor Malik	OT Complex, CMH Rwp
1500 – 1800		History taking & examination		Surgery Ward - I OT Complex CMH
GEN SURG 2				
1400 – 1500	C-03	Examination of knee joint with regards to common clinical presentations	Dr. Hamnah Anwar / Dr. Maham Masood	OPD Block, CMH Rwp
1500 – 1800		History & clinical examination		Surgery Ward - II OT Complex CMH
AFIRM				
1400 – 1500	C-04	Assessment & examination of a patient with shoulder pain	Capt Shah Ali Arslan	AFIRM
GEN MED 1				
1400 – 1500	C-05	Chest pain: How to interrogate	Brig Muhammad Yasir	Female Ward 17, PEMH Rwp
1500 – 1800		Examination of precordium case presentation: IHD	Dr. Maryam Shahab	
GEN MED 2				
1400 – 1500	C-06	How to proceed in a case of PUO	Brig Faheem Ur Rehman	ER/ AMU, PEMH Rwp
1500 – 1800		How to proceed a patient with joint pain	Dr. Rida Nawaaz	

TRG PROG FINAL YEAR BDS (24th BDS)

(2nd Block) 2024-2025

Week: 02

Monday	0815 - 0900	0900-1400	1410 - 1455
Date: 21-07-2025	Oral & Maxillofacial Surgery Trauma Col Adnan Babar	Clinical Activities	Prosthodontics Direct Retainers Lt Col Qamar Ishfaq
NOTE: TIMING FOR TEA BREAK: 1045 TO 1130 HRS			

CLINICAL TRG PROG FINAL YEAR BDS (24th BDS)

Date & Day	Time	Oral & Maxillofacial Surgery	Paeds Dept	Operative Dentistry	Prosthodontics	Orthodontics
Monday 21-07-2025	0900-1045	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff
	1130-1245	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff
	1245-1400	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff	Clinical Training / Academic Activities All Staff